ERLANGER HEALTH SYSTEM’S
12th Annual Trauma Symposium

Join Erlanger Health System for another year of outstanding education and hands on skills during the 12th Annual Trauma Symposium, June 6–7, 2019. As the leading educational opportunity in Erlanger’s trauma region, this event promises to deliver exciting information you can take home and put into practice!

**DAY 1: Trauma & Critical Care Conference**
Nationally renowned expert, Bryan Cotton, MD will be the keynote speaker discussing the most current and successful trends in massive transfusion. Experts in trauma and critical care will present topics regarding the acutely injured patient relevant for both pre-hospital and hospital staff.

**DAY 2: Cadaver & Skills Lab**
Update your hands on skills during the Cadaver & Skills Lab! Immerse yourself in 18,000 square feet of new and returning stations including Airway, Cardiac Dissection, Brain Dissection, OB Trauma and much more!

Exhibitor sponsorship options are available for both days of the Trauma Symposium.

Information is available at www.erlanger.org/traumasym or contact Regena Young at: regena.young@erlanger.org or 423-778-5620
Make Your Home Safer – Use home safety

Falls on the playground are a common cause of injury. Make sure surfaces under playground equipment are safe, soft, and consist of appropriate materials (i.e.: wood chips or sand, not dirt or grass). Surface materials should be an appropriate depth and well-maintained.

MEET OUR TEAM: Trauma Nurse Practitioner

Jammie A. Bill, MSN, APRN, ACNP-BC, FNP-BC
Trauma Nurse Practitioner

Jammie has been an Erlanger employee since February 1998 starting in Medical ICU and moved to Trauma ICU in the spring of 1999. She became a “Red Shirt” – Trauma Critical Care Nurse Clinician in April of 2003. She participated in the Trauma Resuscitation/LifeForce nursing pilot project beginning July 2006 adding part-time Flight Nurse to her resume. Completing her Master’s and Acute Care Nurse Practitioner in 2010, Jammie became the first Trauma Nurse Practitioner at Erlanger. In 2012 she obtained a Post-Master’s Certificate and Family Nurse Practitioner Certification to provide care to trauma patients under the age of 18. Jammie will celebrate 21 years at Erlanger Health System in February 2019 and 20 years of involvement with the Trauma Services Program.

The Trauma Nurse Practitioner role is ever changing based on the trauma system and patient care needs. Currently Jammie is responsible for working with trauma surgeons and the rest of the trauma care team facilitating patient discharges while providing instructions and education for post-discharge care and recovery.

TRAUMA PREVENTION TIPS: FALLS

According to the CDC, in 2015 Unintentional Falls were the leading cause of non-fatal injury for all age groups except 15-24 years where it was the 2nd leading cause. The very young (0-4 years) and seniors (65+ years) are at higher risk of suffering significant injury or death from a fall.

At Erlanger, falls are the number one reason for admission to Adult Trauma Services.

Know what you can do to decrease the risk of falling at any age:

Medications – Ask your health care provider to review your medicine.

Vision – Have your vision checked and wear glasses/contacts as prescribed.

Foot wear – Wear shoes at all times. Avoid bare feet and slippers, even in the house.

Position Changes – Get up slowly after you sit or lie down.

Lighting – Increase the lighting in your home or use a nightlight.

Alarm Device – Think about wearing an alarm device to call help if you fall and can’t get up.

Play Safely – Falls on the playground are a common cause of injury. Make sure surfaces under playground equipment are safe, soft, and consist of appropriate materials (i.e.: wood chips or sand, not dirt or grass). Surface materials should be an appropriate depth and well-maintained.

Make Your Home Safer – Use home safety devices, such as guards on windows that are above ground level, stair gates, and guard rails. These devices can help keep a busy, active child from taking a dangerous tumble.

Children’s Hospital at Erlanger…

The Best Comprehensive Pediatric Care in the Region

Providing Care for Critically Ill and Injured Children 24/7

THP Operation Incognito

On November 13, 2018 members of the Erlanger Health System Adult and Pediatric Trauma Services joined the Tennessee Highway Patrol (THP) conducting Operation Incognito, “the bus tour,” which focuses on statewide distracted driving enforcement initiative. Erlanger Trauma Staff Kayla Whiteaker, BSN, RN, CCRN, TCRN, Adult Trauma Program Director, Mollie Triplett, BSN, RN, Pediatric Trauma Program Director, Regena Young, BSN, RN, Outreach and Injury Prevention Coordinator, Stephanie Spain, RN, CCRN, TCRN, Process Improvement Coordinator along with Trauma Surgeon Darren Hunt, MD, FACs helped spot drivers texting and driving or not wearing their seat belt. During the 17 mile journey from Cummings Highway to Old Lee Highway and back, THP, Hamilton Co Sheriff’s Department, and Chattanooga Police Department officers pulled over offenders after confirmation by officers on board the bus.

SAFE & SOUND

Let’s Get on Track

Kohl’s Cares has partnered with Children’s Hospital at Erlanger’s Safe & Sound program to fight childhood obesity through the Let’s Get Moving Campaign which featured the competition Let’s Get on Track. The competition to win a brand new walking track for an area school was fierce! Robert Ward, Donna McBride, and Caitlyn Shepherd, the Safe and Sound Safety Educators have worked hard with Mollie Triplett, BSN, RN, Pediatric Trauma Program Director to evaluate the competition entries and choose the winners for 2018. Whitwell Elementary in Jasper, TN and Englewood Elementary in McMinn County submitted the winning campaigns.

Thanks to the Kohl’s Cares, Children’s Hospital and McCarthy Construction partnership, both these schools received brand new walking tracks for their students, faculty and the community to enjoy while promoting healthy exercise choices.

On July 16, 2015, Chattanooga was forever changed. Join us once again on July 13, 2019 to run/walk five miles in the Chattanooga Heroes Run to remember and honor each of the men who gave the ultimate sacrifice.

Pictured: Lt. John Harmon, THP; Kayla Whiteaker, BSN, RN, CCRN, TCRN; Darren Hunt, MD, FACS; Regena Young, BSN, RN; Stephanie Spain, RN, CCRN, TCRN; Mollie Triplett, BSN, RN

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The six University Surgical Associates Trauma Surgeons are all board certified in general surgery and surgical critical care. Available 24-hours a day, seven days a week, in-house at Erlanger Medical Center, the region’s only Level 1 Trauma Center, they attend the needs of traumatically injured patients from throughout the Chattanooga area Trauma Region.

To transfer a trauma patient to Erlanger Hospital, call the TRANSFER CENTER at 423-778-8100.

You will be connected with the trauma surgeon to report on your patient. Transfers can be accomplished with a single call!