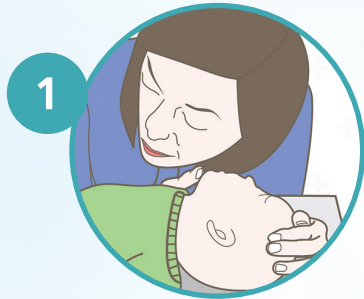


CPR for Infants (Younger than one year of age)

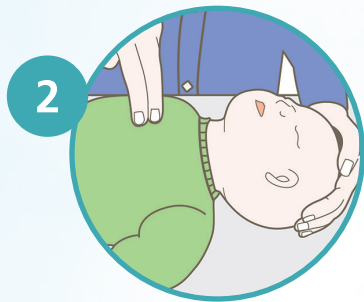


IF YOU ARE ALONE WITH THE INFANT GIVE 2 MINUTES OF CPR BEFORE CALLING 911.



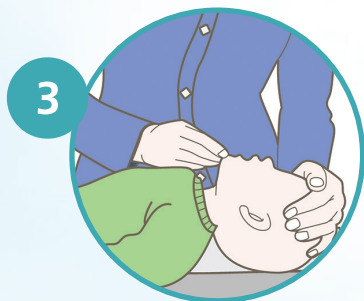
Shout, Tap, Check for Breath

Shout and gently tap the infant on the shoulder. If there is no response and the infant is not breathing or not breathing normally, position the infant on his or her back and begin CPR.



Give 30 Compressions

Give 30 gentle chest compressions at the rate of at least 100 per minute. Use two or three fingers in the center of the chest just below the nipples. Press down approximately one-third the depth of the chest (about 1 and a half inches).



Open the Airway

Open the airway using a head tilt lifting the chin. Do not tilt the head too far back.



Give 2 Gentle Breaths

If the infant is not breathing or not breathing normally, cover the baby's mouth and nose with your mouth and give 2 gentle breaths. Each breath should be 1 second long. You should see the baby's chest rise with each breath.

CONTINUE WITH 30 PUMPS & 2 BREATHS UNTIL HELP ARRIVES.