

Pulmonary Rehabilitation and Wellness

Your Pulmonary Rehabilitation/Wellness appointment is scheduled for:

Date: _____

Time: _____

****PLEASE BRING ALL PAPERWORK RECEIVED COMPLETED
ALONG WITH CURRENT MEDICATION LIST. ****

Your first day will consist of an interview, orientation, and exercise. Please dress appropriately.

The Chattanooga Lifestyle Center is located downtown Chattanooga, off of 4th and Market Street. Limited parking for our building is located at **308 Broad Street**, for navigation directions. The building is marked STEAM, Chattanooga Allergy Clinic and Erlanger Express Care. Enter to the right of the parking lot and take the elevator to the 3rd floor. The gym is at the end of the hallway on the left.

If you cannot find parking in this lot, additional parking is available at a garage on **325 Market Street** marked **PARK AND PAY**. Please bring your car tag number and we will validate parking your rehabilitation appointment. The building entrance is across the street through glass doors beside Erlanger Express Care. For additional parking information, call the gym at (423) 778-9427.

Please call our office at **(423) 778-9400 ASAP** if you are unable to keep your appointment. We look forward to seeing you!