

Formula Alternative Chart

The following list of formulas can help you choose a formula like the one your baby has been taking if you cannot find his or her usual formula. It is important to follow-up with your baby's pediatrician or specialty physician when making formula changes. Formulas within each group have small differences.

Note: *If your baby is following a feeding regimen that requires a higher calorie recipe, please contact your Pediatrician/Specialty Physician office when changing formulas.*

Type of Formula	When to Use	Formulas
Standard Term Formula	For term infants without medical or feeding issues.	<ul style="list-style-type: none"> • Similac Advance/Similac Pro Advance/Similac 360 Total Care • Similac Organic • Pure Bliss by Similac • Enfamil NeuroPro Infant • Enfamil Enspire • Gerber Good Start Gentle • Good Start Gentle Pro • Earth's Best Organic Dairy • Similac for Supplementation • Comforts Infant (Kroger) • Up and Up Infant (Target) • Parent's Choice (Walmart) • Well Beginnings Advantage (Walgreen's) • Happy Baby Organic Infant Formula • Kirkland ProCare (Costco) • Member's Mark Infant or Advantage (Sam's Club) • Yellow box Infant or Blue box Advantage (Amazon)
Formulas for Premature Infants	For premature infants.	<ul style="list-style-type: none"> • Enfamil Enfacare • Similac Expert Care Neosure
Sensitive or Reduced-Lactose Formulas	For infants who have feeding discomfort from lactose intolerance.	<ul style="list-style-type: none"> • Similac Sensitive • Earth's Best Organic Sensitivity • Earth's Best Organic Gentle • Gerber Good Start Soothe • Well Beginning's Sensitivity (Walgreen's) • Up and Up Sensitivity (Target)
Formulas for Colic and Increased Gassiness	For term infants that experience fussiness, gas, spit-up, and crying after feedings.	<ul style="list-style-type: none"> • Similac Pro-Total Comfort • Similac Total Comfort • Up & Up Complete Comfort (Target) • Parent's Choice Complete Comfort (Walmart) • Enfamil Gentlease • Parent's Choice Tender • Gerber Good Start Soothe • Gerber Good Start Gentle • Enfamil Reguline • CVS Health Gentle • CVS Health Complete Comfort • Well Beginnings Gentle (Walgreen's) • Member's Mark Gentle (Sam's Club)

Type of Formula	When to Use	Formulas
Added Rice Starch Formulas	For infants with increased spit-up or symptoms of reflux.	<ul style="list-style-type: none"> • Enfamil A.R. • Similac for Spit-up • Parent's Choice Added Rice Starch
Soy Formula	For term infants that have galactosemia, lactase deficiency, allergy to cow's milk protein, or for parents who wish their infant to be vegetarian.	<ul style="list-style-type: none"> • Gerber Good Start Soy • Enfamil ProSobee • Similac Soy Isomil • Similac Soy Isomil 20 Parent's Choice Soy (Walmart) • Enfamil Simply Plant-Based • Up & Up Soy (Target) • Well Beginnings Soy (Walgreen's)
Extensively Hydrolyzed or Hypoallergenic Formulas	For infants with sensitivities or allergies to intact proteins found in cow's milk and soy proteins.	<ul style="list-style-type: none"> • Similac Alimentum • Nutramigen Infant • Gerber Extensive HA • Parent's Choice Hypoallergenic (Walmart) • Up and Up Hypoallergenic (Walmart) • Nutramigen Toddler (for infants 9 months and older) • Well Beginning's Hypoallergenic (Walgreen's)
Free Amino Acid Based/Elemental Formulas	Formula for infants with multiple allergies or extreme sensitivity to protein. <i>Note: Please contact your Pediatrician/Specialty Physician if you are not able to get amino acid/elemental formula for your child.</i>	



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