TRAUMA CHATTER



DECEMBER | 2022

INTRODUCING

The Pediatric Trauma Program would like to introduce 2 of their hardworking team members. Lindsay Bass, RN is the Injury Prevention and Outreach Coordinator for Peds. You can find her out and about making a difference in our community. Angie Scissom is a trauma registrar with many years of dedication to Erlanger. She works behind the scene collecting data for trauma research and process improvement. Our Pediatric Program wouldn't be what it is today with these two ladies. – Renee Mills

IT IS NOT A MATTER OF IF, IT IS A MATTER OF WHEN

Erlanger's Trauma Services and Disaster Management are working together to prepare Erlanger's staff for when a disaster occurs. Multiple mock drills have already been performed testing Erlanger's policies, processes, and hospital communication. Be on the lookout for more drills!



UPCOMING EVENTS

- ATCN/ATLS | APRIL 20-21
- TNCC:

JAN 18-19 | FEB 9-10 | MARCH 22-23 | APRIL 12-13

QUESTIONS? Email us at trauma.services@erlanger.org

TN STATE TRAUMA CONFERENCE

August 11, 2022, two Critical Care Nurse Clinicians (AKA Red Shirts) presented on the 25 year history of Erlanger's Critical Care Nurse Clinicians.



From left: Courtney Gross, TN, TCRN and Jill Pitts, RN

FAST FACTS HOLIDAY INJURIES

- For the past 10 years in the U.S., there have been more people injured on December 7th than any other day of the holiday season.
- Most commonly injured sites are the head and lower abdomen/pelvis
- Most common injury is a laceration
- Over 15,000 people in the U.S. will visit an ER during the holiday season due to a Christmas decorating accident

The 12 Injuries of Christmas – fa la la la la la la la laaaaa

- 1. Carbon Monoxide Poisoning cases increase as the snow outside is falling and space heaters and gas appliances are being used to warm the home.
- 2. Corrosive Batteries being eaten by children and pets. The most commonly eaten battery is a button battery. These can burn your intestines and cause internal bleeding. Seek medical attention if eaten.
- **3. Gift Malfunctions or Misuse** cause an increase in visits to the ER on Christmas day. Read the directions and use items as intended.
- 4. Poisonous Plants might look pretty with flowers like a poinsettia or have berries like
 Mistletoe or the Christmas rose. These plants can be deadly for children and pets.
- 5. Choking is more common during the holiday season. Hard candies, deceiving decorations that look like candy, and small parts on new toys all pose choking hazards.

www.cpsc.gov/Safety-Education/Safety-Education-Centers/Holiday-Safety

- 6. Pedestrians Struck by vehicles sliding on ice or distracted drivers.
- **7. Electrical** shock from Christmas lights, overloaded sockets, and faulty extension cords. 1 in 40 people will receive a jolt of electricity this holiday season.
- **8. Burns** from a fire in your home. There are an average of 140 house fires/year caused by Christmas trees.
- **9. Lacerations** caused from broken ornament pieces, while opening boxes, or while gift wrapping. Remember to cut away from your body when opening packages.
 - **10. Slipping, Tripping, or Falling** off roofs, ladders, chairs, over toys, or while carrying large objects.
 - **11. Distracted Driving** accidents are common while viewing light displays and jamming to music.
 - **12. Drunk Driving** accidents increase during this festive time of year. Call a friend, an elf, an Uber, or Santa! Just don't drink and drive!